



Lisa

LIVING WITH EHLERS DANLOS SYNDROME

“I am a singer songwriter and I raise awareness for EDS through music, poetry and positivity!”

My name is Lisa, I'm 28 and I live in Dublin. I have Ehlers Danlos Syndrome (EDS), postural orthostatic tachycardia syndrome (POTS), Mast Cell Activation Syndrome (MCAS) and gastroparesis as well as other complications. As part of my EDS I am currently waiting for a big jaw operation in London as I dislocate bones very easily and my jaw has been extremely bad for two years. However due to COVID I have to wait and I also cannot attend the pool which was a great therapy for me. I have physio every Friday!

I am a singer songwriter and I'm using my Instagram to raise awareness for EDS through music, poetry and positivity!